

Digestive

Family owned since 1968.

Supplement Facts

Serving Size 3 Veg Capsules Servings Per Container 66

	Amount Per Serving	% Daily Value
Calories ††	5	
Total Carbohydrate	1.3 g	< 1%**
Dietary Fiber	1.1 g	4%**
Soluble Fiber	1.0 g	†
Insoluble Fiber	0.1 g	†
Organic Psyllium Husk Powder (Husk/Seed)	1.5 g (1,500 mg)	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule) and Stearic Acid (vegetable source).

Quality Tested & Packaged by NOW FOODS

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†† Fiber is not digested, thus has no caloric effect.

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.